

European Cinema for Active Ageing



LIGHTS,  
CAMERA,  
ACTION!

65+

## The CINAGE Package is ready!

The CINAGE project has developed a set of educational and supporting materials for delivering the CINAGE course:

- A Learning Manual for later-life learners (EN - PT - IT - SI);
- A Guide for adult educators (EN - PT - IT - SI);
- Executive summaries on research and pilot actions (EN - PT - IT - SI);
- Factsheets of the 6 European films selected (EN - PT - IT - SI);
- 12 CINAGE short films (subtitles in EN-PT - IT - SI);
- Factsheets of the 12 CINAGE short films (EN - PT - IT - SI);
- 12 situations and strategies to cope with active ageing (EN - PT - IT - SI).

GET INSPIRED

### BOX OFFICE:

[info@cinageproject.eu](mailto:info@cinageproject.eu)

### PRODUCERS:

[www.aidlearn.com](http://www.aidlearn.com) | PORTUGAL



Consultoria em Recursos Humanos, Lda.

### AGENT:

AidLearn, Lda.  
Maria Helena Antunes

[www.leedsbeckett.ac.uk](http://www.leedsbeckett.ac.uk) | UK



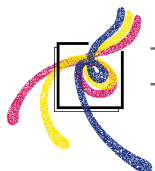
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[www.cstudifoligno.it](http://www.cstudifoligno.it) | ITALY



CENTRO STUDI  
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[www.univerza3.si](http://www.univerza3.si) | SLOVENIA



The Slovenian  
Third Age University

GET YOUR  
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<http://cinageproject.eu>



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## WHO is it for?

The project, its outputs and outcomes are primarily meant for educators of older adults, adult education providers, older people, experts on active ageing and experts on European film.

The project also aims to raise public awareness about active ageing, the role of films in fostering representations of active ageing and to explore how old age can be dealt with today.

## PILOT ACTIONS

## Participants' quotes!

"I've come to realise how important social dimensions of individual life stories are and how they contribute to the construction of the collective memory of a nation"

"I was a complete beginner and couldn't have dreamt I could accomplish so much in such a short time. "

"The fact that the CINAGE facilitators were mostly young, plays a crucial role in supporting participants' motivation and creating positive group dynamics"

"We came back to the roots of film. You feel, you think, you want to say. This is what film is all about"



## DON'T MISS IT

Further information about the final CINAGE package and how to get relevant copies available via following link: [www.cinageproject.eu/en/package.html](http://www.cinageproject.eu/en/package.html)

### WHERE CAN WE SEE THE CINAGE FILMS?

Facebook CINAGE: <https://www.facebook.com/cinageproject> | YouTube CINAGE: <https://www.youtube.com/cinageproject>

Website CINAGE: <http://cinageproject.eu>