# European Cinema for Active Ageing

C I N A G E

PACKAGE PT | EN | IT | SL

# **CINAGE** project

CINAGE – European Cinema for Active Ageing is a Grundtvig multilateral project in the Lifelong Learning Programme (538672-LLP-1-2013-1-PT-GRUNDTVIG-GMP), running from October 2013 to September 2015. The project, coordinated by AidLearn, Consultoria em Recursos Humanos, Lda, was implemented by partners from Portugal, United Kingdom, Italy and Slovenia.

CINAGE is composed of interlinked activities resulting in a learning package, aimed at empowering older people to achieve a more active ageing.

CINAGE offers exciting later life learning opportunities, engaging older people with critical analysis of European cinema and practical filmmaking experience, thus promoting Active Ageing.

The Package integrates various resources: a summary of the research into Active Ageing, Learning for Active Ageing and European Cinema; a Guide for adult educators & later life learning providers; a Manual for older learners (covering, in its six modules, strategies for active ageing, script development and film production); the 12 short films produced in the pilot actions; a selection of six European films that best illustrate the competencies for active ageing; 12 situations and strategies for active ageing and a CINAGE 'flyer'.

### **CINAGE PACKAGE** contains:

- A Learning Manual for later-life learners
- A Guide for adult educators
- Executive summaries on research and pilot actions
- Factsheets of the 6 European films selected
- 12 CINAGE short films
- Factsheets of the 12 CINAGE short films
- 12 situations and strategies to cope with active ageing
- CINAGE Flyer



Portuguese team



Italian team



**English team** 



Slovenian team

# **PORTUGAL**

#### **CO-ORDINATOR:**

Maria Helena Antunes AidLearn, Consultoria em Recursos Humanos, Lda

#### **PARTICIPANTS:**

António Diogo, Jorge Monteiro, Peter Derksen António Delicado, Lúcia Lima, Maria José Martins, Rosário Leitão, Antónia Matias, Armando Cardoso, Carlos Consiglieri, João Estrada, Eduardo Amaro, Carlota Flieg

# 1X2



Length: 5'50"

#### **Actors:**

Peter Derksen, Maria José Martins, Tatão Derksen, Antónia Matias

**Synopsis:** After the death of his wife, a retired man is looking for a new love. But the crossroads of love sometimes surprise us...

# ... 20 YEARS FROM NOW



Length: 6'10"

**Actors:** 

Rosário Leitão, Lúcia Lima

**Synopsis:** When returning to her grandmother's house, a recently retired woman discovers her past and glimpses how her life will be in 20 years.

## **BRIGHTDAY**



Length: 6'40"

#### **Actors:**

Carlos Consiglieri, Armando Cardoso, João Estrada, Antónia Matias, Isabel Gusmão, Cat Botox

**Synopsis:** A former revolutionary, disappointed with the current situation in his country, becomes committed again to life and finds out that an ideal never dies.

# **UNITED KINGDOM**

#### **CO-ORDINATORS:**

Jennifer Granville and Dave Turner Northern Film School @ Leeds Beckett University

#### **PARTICIPANTS:**

Doug Sandle, Richard Wilcocks, Ray Brown, Rob Cook, Sian Batchelder, Carol Simmonds, Rowena Fletcher, Liz Cashdan, Jim Corr

# **KNOW THYSELF**



**Length:** 6'02"

#### **Actors:**

lan Enters, Maria Sandle, Steven McNally, Jennifer Granville

**Synopsis:** Henry has had enough of being treated in hospital by uncaring staff and rather than just gradually just die "in care" decides to take control of his end.

### TRAPPED



Length: 3'10"

**Actors:** 

**Richard Wilcocks** 

**Synopsis:** Ray has been visiting his daughter and is all set to get a taxi to the station for his journey home... but nothing goes to plan as his stay turns out to be much longer than expected.

# **SWIMMING POOL**



Length: 4'52"

**Actors:** 

Liz Cashdan, Helen Buchanan

**Synopsis:** The fantasy of Cranach's 16th century painting is fast-forwarded to a scene in a swimming pool today. Sadly this pool cannot rejuvenate 86 years old Daisy but, although her body has lost its appeal, she has had a positive effect on the young and keeps going!

# **ITALY**

#### **CO-ORDINATOR:**

Altheo Valentini

Associazione Centro Studi Città di Foligno

#### **PARTICIPANTS:**

Roberto Busi, Enrico Coresi, Pieracci Merita, Alfredo Zeetti

### THE CONDOMINIUM



Length: 3'30"

#### **Actors:**

Merita Pieracci, Enrico Coresi, Roberto Busi, Almudena Gonzalez Valenzuela, Kalidiouma Sidibé, Irene Morici, Dennis Croener, Anne Marie Croner, Forti Maria, Belillo Luana, Altheo Valentini

**Synopsis:** The residents of an apartment building are afraid of a transsexual ghost wandering at night. Fear and mistrust increases and a real manhunt for foreigners ensues. Unlike the other residents, Marisa, a wise woman, opens the door to everyone and organizes noisy music parties and curry dinners with foreign friends coming from different countries. Suddenly, a frightening scream comes from the stairs... Reaching their pain threshold, residents knock at Marisa's door raging against her. Suspecting one of the foreigners is the ghost, they beg Marisa to drive them out – instead Marisa opens the door and invites the rioters to come in and enjoy the party. Eating the curry rice and drinking a good wine, the group of people enjoy making friends. In the meantime, in the stairwell, the real ghost, the hypnotized sleep-walker of the top floor, threatens...

# BARON



**Length:** 3'30"

**Actors:** 

Roberto Busi, Alfredo Zeetti, Filippo Coccia

**Synopsis:** "Baron" is the nickname given a long time ago to Gigi, the League top-goal scorer. Now, he is the trainer of a

youth football team, which is about to compete for the finals to win the title. The way the top-goal scorer of the opposing team is playing reminds of Gigi of 'Baron'... During the finals, Gigi discovers that the young champion, who scored the decisive goal, is playing his last game. It is also Gigi's last match before he retires. At the end of the match Gigi gives the young top-goal scorer his old shirt, the 'Baron's' uniform.

### HEART PROBLEMS



**Length:** 3'30"

#### **Actors:**

Merita Pieracci, Enrico Coresi, Roberto Busi, Alfredo Zeetti, Carlo Trampetti, Camelia Mocanu

**Synopsis:** During a medical examination, Ernesto complains of being sick and tired. The doctor suggests he undertakes treatment to help him get over the pain of the loss of his wife. Ernesto's friend encourages him to go the dance hall to have fun and seek company. Here, a package of tablets becomes the tool with which to approach the love of his life...

# **SLOVENIA**

#### **CO-ORDINATOR:**

Dušana Findeisen and Meta Žgur Slovenian Third Age University

#### **PARTICIPANTS:**

Bojana Žokalj Jesih, Ivan Korelc, Janez Goršič, Jasna Tepina, Marina Bahovec Verdel, Mateja Mahnič, Mira Grabovac, Nena Mijoč, Primož Urgl, Silva Reiner, Uroš Trampuš, Violetta Bottazzo, Zdenka Jerala

J0Y



**Length: 3'02"** 

#### **Actors:**

Janez Goršič, Zdenka Jerala, Violetta Bottazzo, Ivan Korelc, Silva Reiner, Uroš Trampuš, Dušana Findeisen

**Synopsis:** A series of older people appear in window frames each with a different ability and interest. There is a window cleaner, a painter, a retired French teacher - reading *Le Monde*, a lady consulting her English dictionary, yet another lady taking care of her pot plants and an accordion player playing *Comparcita*. Joy is catching, be it the joy of life, learning, gardening, travelling, music...

# LEMON DANCE



**Length:** 3'54"

#### Actors:

Ivan Korelc, Nena Mijoč, Janez Goršič

Synopsis: Adi has been selling

fruits at the open air market in Ljubljana for some time. He is a silent and reserved man, focused on his work - who is in love with a long time customer, Vera. Will he have the courage to take a step forward in this relationship?

# THE RIGHT TO ADVENTURE



Length: 4'15"

#### **Actors:**

Uroš Trampuš, Andreja Škrinjar

**Synopsis:** Marija is an older lady in love with adrenaline

and life. She is a student of photography, geography and painting and she's active as a volunteer in different organisations. Maria and her friends decide to cycle to Albania, but a problem pops up: her husband doesn't agree with her plans....









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### **PRODUCERS:**

www.aidlearn.com | PORTUGAL



www.cstudifoligno.it | ITALY



www.leedsbeckett.ac.uk | UK



www.utzo.si | SLOVENIA





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http://cinageproject.eu