

**Country:**

**Name of the researcher:**

**Date, place and hour of interview:**

## **Survey on The Readiness to Undertake Intergenerational Sporting Activities**

**Dear participant in the survey**

We appreciate and are thankful for your participating in this survey on the attitude towards somatic culture in your country and generational preferences in terms of sporting activities and sports. The purpose of this survey conducted within the ERASMUS+ European project Funmilies is to measure the preferences younger and older populations have towards single sports. Your contribution to this survey is invaluable for designing intergenerational sporting activities for families and creating a richer community provision.

(The researcher's name and  
organization)

**Date and place:**



With the support of the  
Erasmus+ Programme  
of the European Union

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



## A. IDENTITY, SOCIAL, BUILT AND NATURAL ENVIRONMENT

First name:

Last name:

**Tick the statements applying to you, please.**

**Gender:**

☐ Male

☐ Female

**Educational background, studies completed:**

☐ Elementary school

☐ Vocational school

☐ Secondary general education school

☐ Graduate studies

☐ Post-graduate studies

**Profession/job/status**

☐ Child

☐ Secondary school pupil

☐ University student

☐ Employed

☐ Unemployed

☐ Between work and retirement

☐ Retired

**I belong to the age box**

☐ **12-16**

☐ **17-25**

☐ **65-74**

☐ **75-84**

**Marital status:**

☐ Single

☐ In couple

☐ Married

☐ Separated

☐ Divorced

☐ Widowed

☐ Other:

**Who do you currently live with? Tick an answer. Several answers are possible.**

☐ Mother

☐ Father

☐ Brothers and sisters

☐ Spouse

☐ Partner

☐ Grand father

☐ Grand mother

☐ Aunt

☐ Uncle

☐ Cousin

☐ Friend

☐ Alone

☐ Other:

**Where are you living now? Tick an answer.**

I am living in

- ☐ a village.
- ☐ a settlement up to 10 000 inhabitants.
- ☐ a country town.
- ☐ a city with more than 100 000 inhabitants.
- ☐ a large town with more than 1 000 000 inhabitants.

**What is the landscape around you like? Several answers are possible.**

Where I am living it is mostly/there are:

- ☐ Flat
- ☐ Hilly
- ☐ Mountainous
- ☐ Lakes
- ☐ Sea
- ☐ Streams
- ☐ Sea
- ☐ Ocean
- ☐ Woods
- ☐ Other:

## **B. PERCEPTION OF SPORTS AND SPORTING ACTIVITIES**

**Tick up to five answers. Sport is mostly perceived as:**

- ☐ Moving
- ☐ Performance
- ☐ Professionalism
- ☐ Competition

- ☐ Public activity
- ☐ Healthy activity
- ☐ Game
- ☐ Spectacular event
- ☐ Myth
- ☐ Community activity
- ☐ Idealized picture of society
- ☐ Equality
- ☐ Solidarity
- ☐ Visibility
- ☐ Work
- ☐ Recreation, leisure time activity
- ☐ Pleasure
- ☐ Painful activity
- ☐ Activity under the negative pressure of money
- ☐ Activity under the negative pressure of media
- ☐ Doping
- ☐ Financial fraud
- ☐ Other:

### C. PERCEPTION OF GENERATIONS AND FAMILY

**How are young people perceived? Tick up to five answers, please.**

Young people are/have:

- ☐ Mostly better educated than older people
- ☐ A lot of technological knowledge
- ☐ Physically strong
- ☐ Psychologically vulnerable

- ☐ Beautiful
- ☐ Concentrated on their body and performance
- ☐ Considerate
- ☐ Self-confident
- ☐ Lost generation due to social, sanitary, economic and political circumstances
- ☐ Unemployed
- ☐ Other:

**How are older people perceived? Tick up to five answers, please.**

Older people are:

- ☐ A financial burden to society
- ☐ Grudge
- ☐ Joyful
- ☐ Knowledgeable
- ☐ Numerous
- ☐ Part of our family
- ☐ Poor learners
- ☐ Protective
- ☐ Free
- ☐ Retired
- ☐ Sedentary, do not like moving
- ☐ Frail
- ☐ Sick
- ☐ They travel with us through life
- ☐ Other:

**How is family perceived? Tick up to five answers, please.**

- ☐ Younger and older generations within families are very close in my country.

- ☐ Families are mostly nuclear.
- ☐ Other family members than father, mother and children live with us.
- ☐ Younger and older members of the family value the same things.
- ☐ Younger and older members of the family are equally appreciated.
- ☐ Family is the pillar of our society.
- ☐ Family is a burden to younger generations.
- ☐ Family members help each other a lot.
- ☐ Older family members take important decisions for the family.
- ☐ Younger family members take important decisions for the family.
- ☐ Other:

#### **D. WHO AND WHAT HAS BEEN IMPACTING YOUR DECISION REGARDING YOUR INVOLVEMENT IN SPORTS**

**Tell us about your mother and father. Tick the statements applying to you:**

My mother/father is/was in

higher managerial and professional occupations.

☐ My mother      ☐ My father

lower managerial and professional occupations.

☐ My mother      ☐ My father

intermediate occupations (clerical, sales, service).

☐ My mother      ☐ My father

small employers and own account workers (including farmers).

☐ My mother      ☐ My father

lower supervisory and technical occupations.

☐ My mother      ☐ My father

semi-routine occupations.

☐ My mother      ☐ My father

routine occupations.

☐ My mother      ☐ My father

Did not work, were not employed.

☐ My mother      ☐ My father

**Why have you got involved in sports so far? Tick the answers you agree with. Several answers are possible.**

☐ I started being involved in sports under the influence of my physical environment

(woods, lakes, sea, play grounds, parks, TV programs, Internet).

☐ I started being involved in sports because there was a sport club in the vicinity.

☐ I got involved in sports my parents did/ liked.

☐ I started being involved in sports under the influence of my peers, friends.

☐ When I was a child I enjoyed a lot of freedom and went into sports myself.

☐ I wanted to be socially recognized and loved.

☐ I wanted to belong.

☐ I wanted to be successful.

☐ I wanted to learn and know more.

☐ I wanted to share some moments with my family members.

☐ Other:

**Why did/do you maintain your sporting activity. Several answers are possible, tick them**

☐ I liked/like it.

☐ I had/have already invested a lot of energy and time into it.

☐ I moved up very high.

☐ I had developed a certain style of life being in sports.

☐ It helped me to have control over me and my life.

- ☐ My friends were/are there.
- ☐ I liked/like being part of a group, community.
- ☐ I am a perfectionist.
- ☐ It made/makes me feel more stable.
- ☐ I was/am recognized.
- ☐ My coach wanted/wants it.
- ☐ My parents insisted/insist that I should be into sports.
- ☐ Other:

**When or why did you drop a sporting activity? Several answers are possible, tick them.**

- ☐ I suffered from a long term illness.
- ☐ My parents thought that my activity was harming our family life.
- ☐ The economic situation of my family changed.
- ☐ There were no sport organisations in the vicinity.
- ☐ There was no public transport.
- ☐ Sport activities are not for people of my age.
- ☐ I took on my first job.
- ☐ I started my own family or household.
- ☐ I started my military service.
- ☐ I went through a stressing life transition.
- ☐ Sports provided for were not for older people.
- ☐ I do not feel like moving a lot.
- ☐ I am afraid to get hurt and lose my autonomy.
- ☐ Other:

**Why did you take up a sporting activity again? Several answers are possible, tick them.**

- ☐ My family wanted me to do it.
- ☐ My children wanted it for me.

- ☐ I have always had some sporting activity in my life.
- ☐ I want to remain healthy.
- ☐ I want to have some structure in my life.
- ☐ Educated people should take care of themselves.
- ☐ I wanted to cope with my work overload.
- ☐ I would like to remain healthy as long as possible.
- ☐ I would like to remain autonomous.
- ☐ Educated people have to have some sporting activity.
- ☐ Other:

## E. PREFERRED SPORTS

**Which sports do you like best? Tick up to five answers and tell us why.**

- ☐ Adventure
- ☐ Archery
- ☐ Artistic swimming
- ☐ Badminton
- ☐ Ball games
- ☐ Boating
- ☐ Board games
- ☐ Bowling
- ☐ Cycling
- ☐ Dancing
- ☐ Diving
- ☐ Feldenkrais method
- ☐ Football
- ☐ Games of my childhood(which?)
- ☐ Golf

- ☐ Hiking
- ☐ Hula hoop
- ☐ Jumping
- ☐ Kayak
- ☐ Luge
- ☐ Pilates
- ☐ Rowing
- ☐ Running
- ☐ Sailing
- ☐ Stretching
- ☐ Supping
- ☐ Surfing
- ☐ Skiing
- ☐ Cross country skiing
- ☐ Swimming
- ☐ Table tennis
- ☐ Tennis
- ☐ Video bowling
- ☐ Walking Netball
- ☐ Water sports
- ☐ Yoga
- ☐ Other:

## F. INTERGENERATIONAL SPORTING ACTIVITIES

**Which of the following definitions best depict your idea of an intergenerational sporting activity?  
Select definitions you agree with and give your reasons.**

- ☐ An intergenerational sporting activity is an activity that takes place outdoors or indoors.

- ☐ An activity that takes place in summer or winter.
- ☐ An activity uniting younger and older people who pursue common goals.
- ☐ An activity leading to a public performance/event.
- ☐ An activity where generations do sports together and help each other.
- ☐ An activity considering different abilities of generations.
- ☐ Intergenerational activities are not possible, I think.
- ☐ Other:

**How would you describe the provision of intergenerational sporting activities in your country?**

- ☐ There is a substantial and rich provision of intergenerational sporting. Which?
- ☐ There are some massive intergenerational sporting events. Which?
- ☐ There is little or no intergenerational provision of sporting activities where I live.
- ☐ Other:

**Who provides intergenerational activities, if applicable?**

- ☐ Kindergartens
- ☐ Schools for younger generations,
- ☐ Universities
- ☐ Sport clubs
- ☐ Intergenerational centres
- ☐ Community centres
- ☐ Residential schools that offer sporting activities as a part of their educational programme
- ☐ Nursery homes
- ☐ Trade unions in their vacation facilities
- ☐ Hotels
- ☐ Other:

**In which intergenerational activity are you currently involved, if applicable?**

**If there are not enough intergenerational sporting activities in your country, why is it so?**

- ☐ Sports are considered as exclusively children's activity.
- ☐ Older people are not into sports, generally.
- ☐ Generations live separately.
- ☐ There is little organized provision of this kind.
- ☐ There is no public awareness.
- ☐ Older people are not encouraged to get engaged.
- ☐ Sports are predominately thought of as performance and competition.
- ☐ Other:

**Which intergenerational activities are most possible within families, in your opinion?**