

Promoting
Third Age
Education



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Methods in older adult education

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What impacts the choice of methods in older adult education?

Objectives and contents

Characteristics of the learning group

Mentors' beliefs about teaching



Brockett (2015) Teaching methods according to objectives

Methods for learning the contents (lectures, panels etc.)

Methods for learning skills (demonstration, simulation, dramatisation)

Methods for developing standpoints and values are meant for personal growth , learning about oneself, understanding the world (discussion, role plays)

Conclusion

Group and experiential methods are the best for older learners: discussion, problem learning, case study, project work, etc. Why is discussion considered to be the method in older adult education?

